

CURRICULUM VITAE

Personal Information

Full Name: Hellen Thapelo Rakgalakane
Phone: 064 923 4544
Email: hellenrakgalakane594@gmail.com
Address: Ramaphosa Ext 5, 1502, Boksburg

Personal Profile

Dedicated and hardworking culinary learner with a strong passion for food preparation and hospitality. Experienced in assisting chefs, preparing meals, and maintaining food safety standards. Eager to grow and contribute to a professional kitchen environment.

Education

Matric
Tourism Management N4, N5, N6
Completed: 30 June 2023

Additional Training

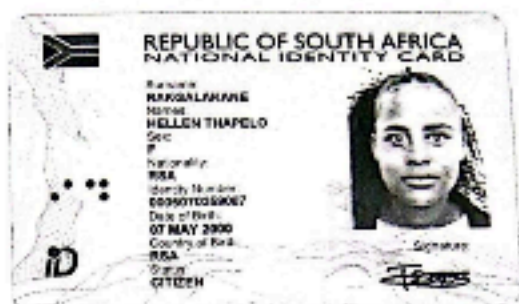
Professional Cookery Learnership
Duration: 01 June 2025 – 31 May 2026

Work Experience / Duties

- 1 Assisting the sous chef and demi chef in preparing lunch
- 2 Serving guests in a professional manner
- 3 Ensuring adherence to correct food safety and hygiene standards

Skills

- 1 Food preparation
- 2 Teamwork
- 3 Time management
- 4 Attention to detail
- 5 Food safety awareness





REPUBLIC OF SOUTH AFRICA



National Senior Certificate

Awarded to

HELLEN THAPELO RAKGALAKANE

Identity number 0005070359087

Exam number 717631/1410145

Subject	%	Achievement
		level
Sepedi Home Language	52	4
English First Additional Language	43	3
Mathematical Literacy	42	3
Life Orientation	53	4
Accounting	31	2
Tourism	49	3
*****	***	*

This candidate is awarded the National Senior Certificate and has met the minimum requirements for admission to diploma or higher certificate study as gazetted for admission to higher education, subject to the admission requirements of the higher education institution concerned.

With effect from December 2017

M.S. Rakametsi

Chief Executive Officer

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This certificate is issued without conditions or breaks of any kind



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Council of Quality Assurance in
General and Further Education and Training
South Africa

0453314

For reverse for more information



CERTIFIES THAT
H T RAKGALAKANE
ID NO: 0005070359087

SUCCESSFULLY ATTENDED & COMPLETED THE

NC: PROFESSIONAL COOKERY LEARNERSHIP;

SAQA ID 14111 – NQF LEVEL 4 – 152 CREDITS

CERTIFICATE NUMBER: 2026/MIHT/1260

AWARDED ON THE 30/05/2026



MARK HIBBERD
DIRECTOR
MARK HIBBERD (PTY) LTD



Certificate of Attendance

awarded to

Hellen Rakgalakane

in recognition of

Food Safety Training

Achieved above 87%

at

Birchwood Hotel

Jürgen Hartig
Training Facilitator

FACILITY
consulting

03 April 2025

